Date: Monday 24<sup>th</sup> April 2023 Value: Peace Leader: Teacher

Key message that the children need to take away

**Values:** Peace

**Theme:** Do not be worried

### Gathering

Music on entry. Children enter quietly

Class children to bring up to the worship table and say together:

Bible – God the Father Cross – God the Son Candle – God the Holy Spirit

Candle is lit on the worship table

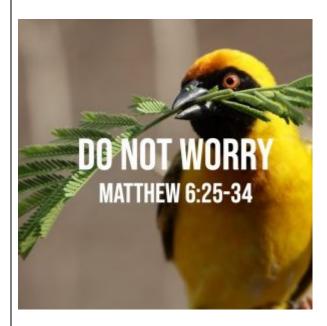
All: Come to us Father, as we gather here today;

Be with us Jesus, in our worship

Stay with us Holy Spirit, now and always, Amen.

Image on display as children enter:

Matthew 6.25 – 28



Relaxing Christian music

RELAXING CHRISTIAN MUSIC | Instrumental, Hymns, Soft Music, Prayer Time | Anointed - YouTube

### **Engaging**

(Use Powerpoint)

Show the children the photos of the wild flowers (with the names removed). In talk partners, can the children identify what the flowers are called?

Which is your favourite wild flower? Why? Where does it grow? What time of year do you see it?

#### Learning



# LEARNING

In this Bible story, Jesus uses the birds of the air and the wild flowers of the fields to teach us an important lesson. As you listen and join in with the story, think about what the lesson might be.

A useful way of helping all the children to join in with the actions that bring Bob Hartman's stories to life is to have a small group of children, who have practiced beforehand, leading from the front.

### STORY: DON'T WORRY

by Bob Hartman

Don't worry about your life. (everyone put hand on heart)

Don't worry about whether or not you will have enough to eat. (everyone pretend to eat a sandwich or burger, complete with noisy gobbling up sounds)

Don't worry about whether or not you will have enough to drink. (everyone pretend to drink from a cup, complete with glugging, swallowing sounds)

And don't worry about your clothes, either. (everyone point to, grab hold of, an item of clothing they are wearing)

Why? Because your life (life action - hand on heart) is more than what you eat (eating action) or what clothes you wear. (clothing action)

Are you worried about food? (eating action)

Then look up at the birds, flying across the sky. (everyone look up)

They don't plant seeds, grow crops, harvest those crops, or store them in a barn. There's no need, because God, your Father in Heaven, feeds them.

Are you worried about your life? (life action)

Then think about this: No amount of worrying will make your life last even one hour longer.

And as for worrying about what you will wear (clothes action), take a look at the lilies, growing in the fields. (everyone pluck a pretend flower and give it a sniff)

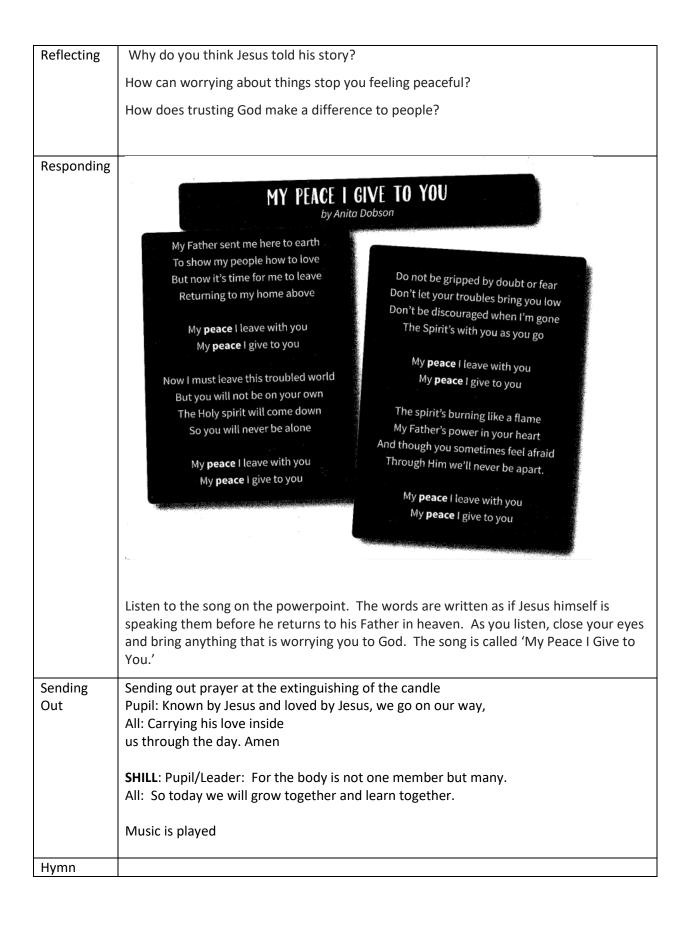
They don't make cloth. They don't sew. But even Solomon, the richest of kings, never looked so beautiful as them. So if God dresses the grass in the fields so beautifully - grass that is alive one day and thrown into an oven the next - he can make sure that you have something to wear *(clothes action)* as well.

So, be at **peace** and stop your worrying.

Don't say, "What will we eat?" (eating action), or "What will we drink?" (drinking action), or "What will we wear?" (clothing action).

That's what people who don't trust in God do. But you have a Father in Heaven, who knows that you need them all.

So seek Him, and live the way He wants you to, and all the rest will be given to you.



## Class follow-up



What helps you when something is worrying you?

Who can help you with your worries?

What things make you feel peaceful?

How does trusting God make a difference to people?