

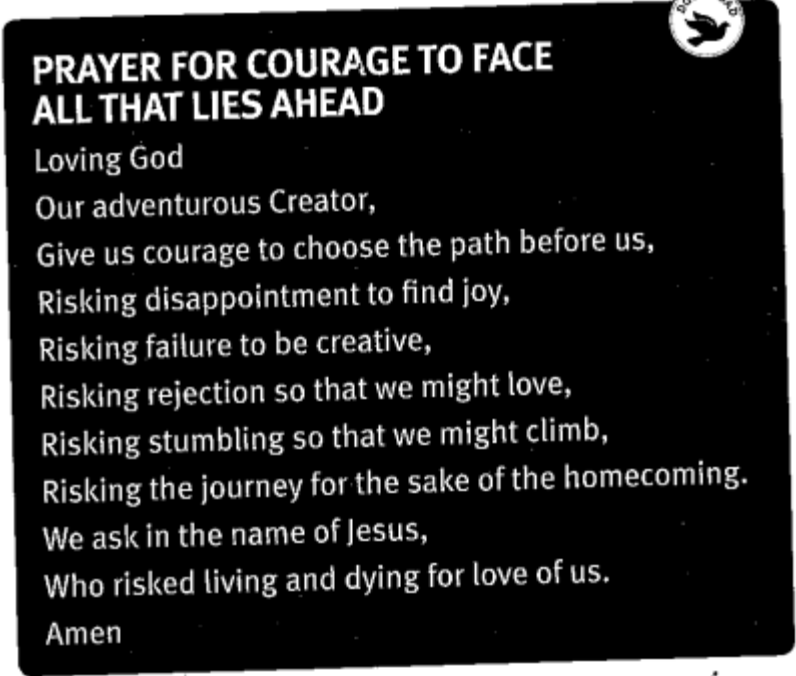



Date: Monday 27 <sup>th</sup> November 2023	Value: Courage	Leader: JWS
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Key message that the children need to take away
<b>Values:</b> Courage
<b>Theme:</b> Overcoming fear

Gathering	<p>Music on entry. Children enter quietly</p> <p>Class children to bring up to the worship table and say together:  Bible – God the Father  Cross – God the Son  Candle – God the Holy Spirit</p> <p>Candle is lit on the worship table  All: Come to us Father, as we gather here today;  Be with us Jesus, in our worship  Stay with us Holy Spirit, now and always, Amen.</p>	<p>Image on display as children enter:</p> 
Engaging	<p>Ask teachers what they are a little scared of (and share myself). Does that fear stop them doing anything? (it might be heights but we still go up tall buildings, it might be noisy dogs but we still visit a friend with a dog).</p> <p>We might be a bit afraid but we do it anyway, or we'd miss out on enjoying life. We show courage.</p> <p>In the Bible there are words:  'Perfect love casts out all fear.' 1 John 4.18</p> <p>What do you think this means? Discuss with a talk partner.</p>	

Learning	<p>Introduce Bella and Barney and talk through this conversation:</p>  <p>Barney: No.</p> <p>Bella: Come on, tell me what's different about you. Have you grown taller since I saw you last week?</p> <p>Barney: I can't have grown that much since last week!</p> <p>Bella: Well there must be something. Tell me what you've been up to and maybe I can work it out. You went on that trip with your family to the Outdoor Centre in Wales.</p> <p>Barney: Yes, it was amazing!</p> <p>Bella: What did you do there?</p> <p>Barney: We had to climb up some really high walls and abseil down them.</p> <p>Bella: Oh Barney, but you hate heights! How did you do it?</p> <p>Barney: It was really scary but the leader there was great and my Dad was with me. He said 'Barney I love you. Would I let you do anything that would hurt you?' In the end I did the abseil, and I really loved it. I was really frightened when I had to lean over the edge backwards over this really big drop...</p> <p>Bella: You're making me feel scared now!</p> <p>Barney: My legs were shaking when I started, but by the time I got to the bottom I felt this big whoosh in my tummy and I couldn't stop smiling. My Dad said it was <b>courage</b> that made me feel like that. He said he was really proud of me.</p> <p>Bella: Wow, so does that mean you're not afraid of heights now?</p> <p>Barney: Well I'm still a bit scared. But now I won't let it stop me doing fun things.</p> <p>Bella: Ah, now I see what's different about you! You might not have grown much taller on the outside in one week, but I think <b>courage</b> has made you taller on the inside, Barney!</p>
Reflecting	<p>Sometimes our fear can stop us having fun or trying something new.</p> <p>Maybe you have a fear that holds you back.</p> <p>Take a few minutes to think.</p>
Responding	<p>Bring a group up and hold a rope between them. Imagine the rope as a symbol of courage. When we don't have the courage inside us to be brave, we can ask God to help us. This week, if you have to or want to do something brave, come and hold onto the rope and ask God to help you to be brave.</p>

	 <p><b>PRAYER FOR COURAGE TO FACE ALL THAT LIES AHEAD</b></p> <p>Loving God Our adventurous Creator, Give us courage to choose the path before us, Risking disappointment to find joy, Risking failure to be creative, Risking rejection so that we might love, Risking stumbling so that we might climb, Risking the journey for the sake of the homecoming. We ask in the name of Jesus, Who risked living and dying for love of us. Amen</p>
Sending Out	<p>Sending out prayer at the extinguishing of the candle Pupil: Known by Jesus and loved by Jesus, we go on our way, All: Carrying his love inside us through the day. Amen</p> <p><b>SHILL:</b> Pupil/Leader: For the body is not one member but many. All: So today we will grow together and learn together.</p> <p>Music is played</p>
Hymn	<p>God of love Come and Praise 36</p>
Class follow-up	 <p>There is no fear in love. <b>Perfect love</b> casts out fear. 1 John 4:18</p>

	<p>Recap the story between Bella and Barney. What fear did Barney have to overcome?</p> <p>Sometimes our fear can stop us having fun or trying something new.</p> <p>What fear that holds you back. What strategies do you use to help you find courage?</p>
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