


Date: Monday 15 <sup>th</sup> January 2024	Value: Trust	Leader: JWS
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Key message that the children need to take away
<b>Values: Trust</b> <b>Theme: Knowing Jesus is with us in stormy times</b>

Gathering	<p>Music on entry. Children enter quietly</p> <p>Class children to bring up to the worship table and say together:</p> <p>Bible – God the Father  Cross – God the Son  Candle – God the Holy Spirit</p> <p>Candle is lit on the worship table  All: Come to us Father, as we gather here today;  Be with us Jesus, in our worship  Stay with us Holy Spirit, now and always,  Amen.</p>	<p>Image on display as children enter:</p> <p>Mark 4. 35-41</p> 
Learning	<p>This morning, we will hear about how Jesus' friends find themselves in a scary situation.</p> <p>Jesus asks them, "Where is your faith? Why didn't you trust me?"</p> <p>I wonder if we would have reacted as the disciples did?</p>	

## STORY STORM ON THE LAKE

Jesus waved to his disciples.

'C'mon, lads, let's cross the lake!'

*(wave arm in a beckoning fashion as you say the line, then have the group repeat the line and the action)*

So they climbed into a boat and set sail

Bobbing along the waves

*(make bobbing-up-and-down motion as you say the line, then have the group repeat the line and the action)*

Jesus was really tired

So he lay down and fell asleep

*(lay head on hands and make snoring sound at the end of the line, then have the group repeat the last line and the action/snore)*

Suddenly, a storm blew over the lake

And the wind whipped the waves high

*(make a noisy, blowy wind sound at the end of the line, then have the group repeat the last line and the wind sound)*

Suddenly a storm blew over the lake

And the waves washed into the boat

*(make whooshing sound and wave motion with hands at the end of the line, then have the group repeat the last line and the sound/action)*

The disciples went to Jesus and cried

'Wake up! Wake up! Wake up!'

*(pretend to shake someone awake, then have the group repeat the last line and the action)*

The disciples went to Jesus and cried

'Master we're going to drown!'

*(Extend arms in pleading fashion at end of line, then have the group repeat the last line and the action)*

So Jesus woke up and rubbed his eyes

And said to the wind 'Be quiet.'

*(finger to mouth, shhhh sound, then have the group repeat the last line and the action)*

So Jesus woke up and rubbed his eyes

And said to the waves, 'Calm down.'

*(both hands, palms down, settle down motion, then have the group repeat the last line and the action)*

And as soon as he'd said it, just like that,

the wind and the waves calmed down

*(shout Wow! after the last line, then have the group repeat the line and the sound)*

Then Jesus turned to his disciples and calmly asked

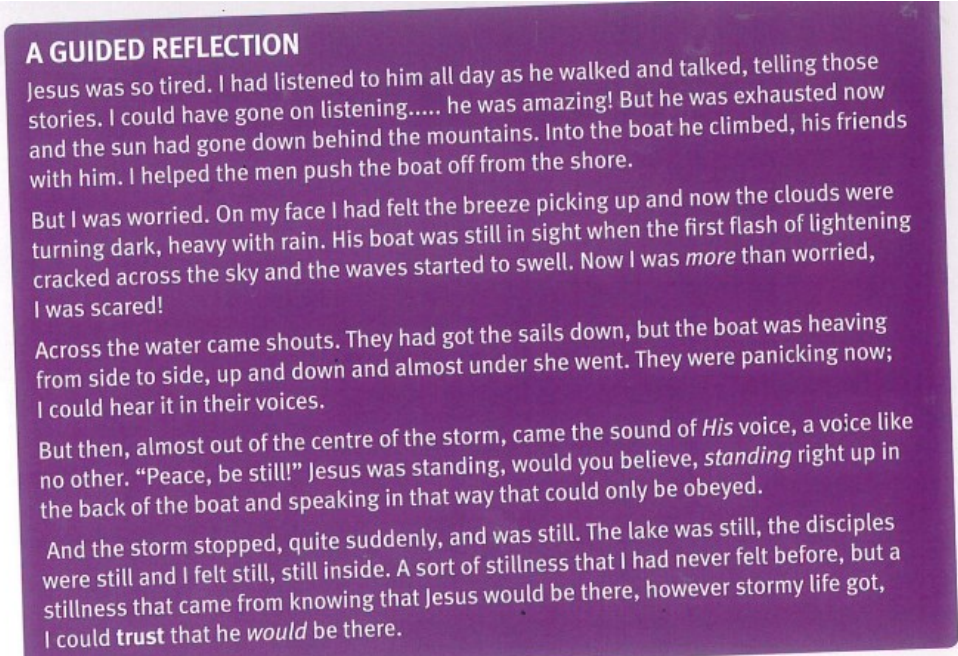
'Where was your faith? Why didn't you trust me?'

*(point to self at end of line, then have the group repeat the last line and the action)*

And the disciples just stared, their mouths wide open

'Who is this man?' they wondered. 'Who controls the wind and the waves?'

*(wave hands back and forth as you say 'wind' and up and down as you say 'waves', then have the group repeat the last line with the actions)*

Reflecting	<p>Can you remember the 2 questions that Jesus asked his disciples after he calmed the storm?</p> <p>Where was your faith? Why didn't you trust me?</p> <p>What does faith and trust mean?</p>
Responding	<p>It is sometimes difficult to trust when we are worried or frightened.</p> <p>Close your eyes and imagine you are seeing the storm on the lake.</p>  <p><b>A GUIDED REFLECTION</b></p> <p>Jesus was so tired. I had listened to him all day as he walked and talked, telling those stories. I could have gone on listening..... he was amazing! But he was exhausted now and the sun had gone down behind the mountains. Into the boat he climbed, his friends with him. I helped the men push the boat off from the shore.</p> <p>But I was worried. On my face I had felt the breeze picking up and now the clouds were turning dark, heavy with rain. His boat was still in sight when the first flash of lightening cracked across the sky and the waves started to swell. Now I was <i>more</i> than worried, I was scared!</p> <p>Across the water came shouts. They had got the sails down, but the boat was heaving from side to side, up and down and almost under she went. They were panicking now; I could hear it in their voices.</p> <p>But then, almost out of the centre of the storm, came the sound of <i>His</i> voice, a voice like no other. "Peace, be still!" Jesus was standing, would you believe, <i>standing</i> right up in the back of the boat and speaking in that way that could only be obeyed.</p> <p>And the storm stopped, quite suddenly, and was still. The lake was still, the disciples were still and I felt still, still inside. A sort of stillness that I had never felt before, but a stillness that came from knowing that Jesus would be there, however stormy life got, I could <b>trust</b> that he <i>would</i> be there.</p>
Sending Out	<p>Sending out prayer at the extinguishing of the candle</p> <p>Pupil: Known by Jesus and loved by Jesus, we go on our way, All: Carrying his love inside us through the day. Amen</p> <p><b>SHILL:</b> Pupil/Leader: For the body is not one member but many. All: So today we will grow together and learn together.</p> <p>Music is played</p>
Hymn	<p>Mark 4.35-41</p> <p>Go tell it on the mountain</p> <p>Come and Praise No. 24</p>
Class follow-up	

Mark 4. 35-41



1. When was the last time you felt afraid?
2. What do you do when you feel afraid?
3. Who is the first person you would tell if you felt scared?
4. How do you know Jesus is with you when you feel afraid?
5. Do you think God cares about your fears?
6. Can you stop yourself from feeling scared? Why/Why not? If so, how?