

# PSHE- SCARF - Overview

## Overview 2026-27

| Class      | Jungle | Woodland | Ocean  | Desert |
|------------|--------|----------|--------|--------|
| Year Group | R/1    | 2/3      | 4/5    | 6      |
| Age Taught | Year R | Year 2   | Year 4 | Year 6 |

| Year/Half-termly unit titles | 1<br>Me and my Relationships | 2<br>Valuing Difference | 3<br>Keeping Safe | 4<br>Rights and Respect | 5<br>Being my Best | 6<br>Growing and Changing |
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| <b>EYFS</b> | What makes me special<br>People close to me<br>Getting help | Similarities & difference<br>Celebrating difference<br>Showing kindness | Keeping my body safe<br>Safe secrets & touches<br>People who help to keep us safe | Looking after things: friends, environment, money | Keeping by body <u>healthy</u><br>– food, exercise, sleep<br>Growth Mindset | Cycles<br>Life stages<br>Girls & boys – similarities & difference |
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| <b>Y2</b> | Bullying & teasing<br>Our school rules about bullying<br>Being a good friend<br>Feelings/self-regulation | Being kind & helping others<br>Celebrating difference<br>People who help us<br>Listening Skills | Safe & unsafe secrets<br><br>Appropriate touch<br><br>Medicine safety | Cooperation<br>Self-regulation<br>Online safety<br>Looking after money – saving & spending | Growth Mindset<br>Looking after my body<br>Hygiene & health<br>Exercise & sleep | Life cycles<br>Dealing with loss<br>Being supportive<br>Growing & changing<br>Privacy |
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| <b>Y4</b> | Healthy relationships<br>Listening to feelings<br>Bullying<br>Assertive skills                                   | Recognising & celebrating difference (inc. religions & cultural difference)<br>Understanding & challenging stereotypes                           | Managing risk <b>inc. online</b><br>Understanding the norms of drug use (cigarette & alcohol use)<br>Influences<br>Online safety & <b>behaviours</b> | Making a difference (different ways of helping others or the environment)<br>Media influence & <b>digital literacy</b><br>Decisions about spending money                  | Having choices & making decisions about my health<br>Taking care of my environment<br>My skills & interests   | Body changes during puberty<br>Managing difficult feelings<br>Relationships inc. marriage           |
| <b>Y5</b> | Feelings<br>Friendship skills, inc. compromise<br>Assertive skills<br>Cooperation<br>Recognising emotional needs | Recognising & celebrating difference, inc. religions & cultural<br><b>Critical digital awareness</b><br><b>Online Bullying &amp; self esteem</b> | Online safety<br><b>Bullying inc. online</b><br>Norms around use of legal drugs (tobacco, alcohol)<br>Decision-making skills                         | My health rights, respect & duties<br>Making a difference<br>Decisions about lending, borrowing & spending<br><b>Media manipulation</b><br><b>Artificial Intelligence</b> | Growing independence & taking ownership<br>Keeping myself healthy<br>Media awareness & safety<br>My community | Managing difficult feelings<br>Managing change<br>How my feelings help keeping safe<br>Getting help |

**Highlighted text** – changes made in 2025 (to be implemented by September 1st 2026)